

Race + Equity + Wellbeing Spring Series

Presented by

- Campus Wellbeing and Education
- University Human Resources

Making Sense of the Chaos of 2020 and Envisioning the Road Ahead



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Moderator

Quade French, Ph.D.
Clinical Psychologist and
Consultant
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Making Sense of the Chaos of 2020 and Envisioning the Road Ahead



Panelist

Dr. Brandi Jones, Ed.D.
Vice Dean for Diversity and
Strategic Initiatives at the
USC Viterbi School of
Engineering



Panelist

Kambiz "Kamy" Akhavan
Executive Director, USC
Dornsife Center for the
Political Future



Panelist

Michael Murphy
Co-Director of the USC
Dornsife Center for the Political
Future

Spring Series – Webinar Topics

Making Sense of the Chaos of 2020 and Envisioning the Road Ahead March 2

The Importance of Cultivating Self-Awareness March 16

Was I Just Racist? March 30

Recognizing and Responding to Racism April 13

Language Matters April 27

**How to Create Environments Where All Employees can be Their Full,
Authentic Selves** May 11

Visit our new web page: <https://employees.usc.edu/rew/>

#REW

Spring Series – *Connections* Discussion Sessions

Led by skilled facilitators, the *Connections* Discussion Sessions allow participants to engage in a safe, confidential space with other staff and faculty to:

- Come together in solidarity around participants' lived experiences at the intersections of race, equity, and wellbeing
- Actively connect the content of the panel discussions with their own experiences and sense of culture at USC
- Work together to turn ideas into action in their departments and communities
- Explore available resources at USC to support an anti-racist community

Importantly, the discussion groups are **not**:

- Recorded in any way
- A place where BIPOC and other marginalized folks are expected to relive trauma for the educational benefit of others
- A substitute for therapy or counseling
- A formal investigatory body
- Webinar attendance is NOT required for the discussion groups

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#REW

Center for Work and Family Life

CWFL staff remain available to help with mental health concerns during the coronavirus pandemic. Highly-trained clinicians can help you with well-being, stress, anxiety, and other issues. Phone lines are open and remote sessions can be scheduled by Zoom or teleconference for any staff, faculty, their families, and retirees. This is a free service for USC employees.

Call us 24/7 at 213-821-0800 to find out more about counseling and other services.

<https://employees.usc.edu/work-family-life/>

Office of Campus Wellbeing and Education

CWE focuses on the environment, culture, and systems so all members of the USC community can thrive. Our clinical and organizational psychologists consult privately with individuals, campus groups, departments and schools on issues ranging from building trust, healing from transgressions, and preventing burnout to improving engagement, communicating effectively, and adapting to change. We listen, learn with you, and provide research-backed recommendations and evaluations of new ways to work together more collaboratively, purposefully and productively.

<https://cwe.usc.edu/> or 213-740-0411



Resources

USC Campus Support and Intervention (CSI) <https://campussupport.usc.edu/> assists faculty, staff, and students in resolving complex personal, academic, and financial issues, providing useful information and referring to the proper campus resources

Threat Assessment and Management at 213-740-0243 or <https://cwci.usc.edu/threat-assessment/> provide proactive collaborative oversight and support in the identification, assessment and management of threats and/or threatening behavior that may lead to acts of targeted violence.

Campus Ombuds at 323-442-0383 (HSC) and 213-821-9556 (UPC). <https://ombuds.usc.edu/> is a safe and confidential place to share your USC-related issues and explore options or paths to manage your concerns.

USC Occupational Faculty Practice for Lifestyle Redesign at 323- 442-2850 or chan.usc.edu/patient-care/faculty-practice/about which helps faculty, staff, and students develop healthy life habits and stress management.

Diversity, Equity, and Inclusion

<https://diversity.usc.edu/messages/> which provides information DEI initiatives at the university

The Office for Equity, Equal Opportunity, and Title IX

at (213) 740-5086 or <https://eeotix.usc.edu/> responds to complaints of discrimination and harassment based on protected characteristics; sexual harassment, sexual assault, and sexual misconduct; and retaliation for making a complaint, for participating in the OED process, or for protesting the alleged discrimination, harassment, sexual harassment, sexual assault, sexual misconduct, or retaliation (collectively, "prohibited conduct").